


**Today's Reading:**

**Galatians ch5 v1-9 (Page 1154)**



Our year of

# *Refreshing*

Christ Church Cottingham

Psalm 84:6

*As they pass through the valley of weeping, they make it a place of springs*

*Refresh-Renewal-Revival-Recovery*



# Galatians Chapter Five

Life by the Spirit

<sup>13</sup> You, my brothers and sisters, were called to be free. **But do not use your freedom to indulge the flesh**; rather, serve one another humbly in love. <sup>14</sup> For the entire law is fulfilled in keeping this one command: **“Love your neighbour as yourself.”** <sup>15</sup> If you bite and devour each other, watch out or you will be destroyed by each other.

<sup>16</sup> So I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> **For the flesh desires what is contrary to the Spirit**, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. <sup>18</sup> But if you are led by the Spirit, you are not under the law.

<sup>19</sup> **The acts of the flesh** are obvious: sexual immorality, impurity and debauchery; <sup>20</sup> idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions <sup>21</sup> and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

# Galatians Chapter Five

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law. <sup>24</sup> Those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> Since we live by the Spirit, let us keep in step with the Spirit. <sup>26</sup> Let us not become conceited, provoking and envying each other.