

# Today's Reading:

**Luke ch10 v1-12 (Page 1027)**





## **Cultivating Authentic Family Friends and Community**

**MORE THAN SUNDAY CHURCH** Discovering what God intended for family, friends and authentic community.  
"So in Christ we, though many, form one body, and each member belongs to all the others" Romans 12:5

# PLANNED

Acts 2:23

This man was handed over to you by God's deliberate plan and foreknowledge; and you, with the help of wicked men, put him to death by nailing him to the cross.

Ephesians 1:9

He made known to us the mystery of his will according to his good pleasure, which He purposed in Christ...

Luke 10:1

After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go.

Ephesians 2:10

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do...

# My Church Health Exercise Plan

## My Church Health Exercise Plan

- What small group do I connect with?
- How does my connect group communicate with each other?
- Where in my life do I have to win & where do I hate to lose?
- What personality traits do I have that bless others?
- What personality traits do I have that gets on peoples nerves?
- What am I reading right now?
- Who do I call, who do I text, who do I visit?
- Where in my life do I work hard not to work?
- In the morning I will pray **Psalm 19:14**  
"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my Redeemer"
- At the end of day I'll examine that prayer.
- Who do I need to connect with this week to re-establish healthy relationship?
- Who do I need to follow up?
- List folks I naturally connect with...
- List folks that I need to build relationship with...

ChristChurch Cottingham

## Prayer Request Card

Romans 12:15 declares "Rejoice with those who rejoice; mourn with those who mourn."

**If** you have any prayer requests please complete this card. We will cover you in prayer.

**If** you are celebrating a particular blessing please let us know by completing this card. It's great to celebrate!

Please pray for:

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celebrating:

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place in our offering bags as we  
during the service.

is kept totally confidential and all requests  
will be prayed for this week by our Pastor.